

## LMHA Calendar - June 2021

			Tues June 1st	Wed June 2nd	Thur June 3rd	Fri June 4th
			Mens shed 10:30 - 12 Womens group 12:45 - 2pm The Shedders 3 - 5pm	12-2pm WRAP  5.15-6pm Lets talk recovery	2-3:30pm Creative	4:30 -6:30 pm Decider Skills
Sat June 5th	Sun June 6th	Mon June 7th	Tues June 8th	Wed June 9th	Thurs June 10th	Fri June 11th
		Bank Holiday	3 - 5pm The Shedders	5.15-6pm Lets talk Wellness	2-3:30pm Creative Writing	4:30 -6:30 pm Decider Skills
Sat June 12th	Sun June	Mon June	Tues June 15th	Wed June 16th	Thur June 17th	Fri June 18th
11:30 - 1pm Art		Walking 12 - 2pm  7-7.45pm Mindfulness	Mens shed 10:30 - 12  Womens group 12:45 - 2pm	5.15-6pm Lets talk Wellness	2-3:30pm Creative Writing	4:30 -6:30 pm Decider Skills
2 - 3:30pm Music						
Sat June 19th	Sun June 20th	Mon June 21st	Tues June 22nd	Wed June 23rd	Thur June 24th	Fri June 25th
11:30 - 1pm Art		Walking 12 - 2pm  7-7.45pm Mindfulness	Mens shed 10:30 - 12  Womens group 12:45 - 2pm  3 - 5pm The Shedders	12-2pm WRAP  5.15-6pm Lets talk Wellness	2-3:30pm Creative Writing	4:30 -6:30 pm Decider Skills
2 - 3:30pm Music						
Sat June 26th	Sun June	Mon June	Tues June 29th	Wed June 30th	Thur July 1st	Fri July 2nd
11:30 - 1pm Art		Walking 12 - 2pm	Mens shed 10:30 - 12  Womens group 12:45 - 2pm  3 - 5pm The Shedders	12-2pm WRAP  5.15-6pm Lets talk Wellness	2-3:30pm Creative Writing	4:30 -6:30 pm Decider Skills
2 - 3:30pm Music						